

FRIDAY

MPLS FLOOR		Doors Open 7:30am		ST PAUL FLOOR	
LEVEL 7	11M	8:15	Stretch	8:00	GOLD
Classic - Chan	8	8:35	March In	8:20	Flips
Classic - West	3	8:45	Event Warm Up	8:30	KAATS
Flips	6				MAGS
Gleasons	6				TCT
IGM	4				
KAATS	5		Stretch	10:30	PLATINUM
MAGS	3		March In	10:50	Classic - Savage
MHG-Mini-Hops	5		Event Warm Up	11:00	Classic - West
Midwest	10				Flips
NBGC-No Boundaries	3				GymSport
North Crest	6				IGM
Spirit	3				KAATS
					MAGS
					TCT
LEVEL 8	12M	11:15	Stretch		
AAGA-All American	4	11:35	March In		
Classic - Chan	5	11:45	Event Warm Up		
Classic - West	2				
Flips	10				
Gleasons	5				
IGM	5		Stretch	1:30	DIAMOND
J.E.T.S.	5		March In	1:50	Classic - Savage
KAATS	2		Event Warm Up	2:00	Duluth YMCA
Kidsport	2				Flips
MAGS	2				GymSport
MHG-Mini-Hops	3				IGM
Midwest	7				J.E.T.S.
RGC	8				KAATS
TPG-Twin Ports	3				MAGS
					RGC
					TCT
LEVEL 8	13M	2:30	Stretch		
AGG American Gold	8	2:50	March In		
Chow's	5	3:00	Event Warm Up		
CTG-Country Twisters	3				
DGA-Dakota Gold	8				
Emerge Academy	2		Stretch	4:00	GOLD
GymSport	9		March In	4:20	Classic - Savage
IGN	3		Event Warm Up	4:30	Duluth YMCA
LCT-Lake City	4				Gym Academy Rockford
MFGF-Mn Flyers	3				GymSport
NBGC-No Boundaries	1				IGM
Scamps	13				IGN
Triad	4				J.E.T.S.
RRVA-Red River Valley	1 *				TCT
LEVEL 8	14M	6:00	Stretch	6:30	BRONZE/SILVER
Air Force	4	6:20	March In	6:50	Bronze
BGA Bismark	2	6:30	Event Warm Up	7:00	Gym Academy Rockford
Giant Gymnastics	4				IGN
GRGA-Grand Rapids	7				Silver
GTC-Gymnastics Training Ctr	4				Giant Gymnastics
Gymfinity & Beyond	6				Gym Academy Rockford
Just Jymnstics	6				IGN
LGA-Legends Drive	4				TAGS South
M&M	6				
NHGA-Northern Hills	1				
NSG-Nebraska School	4				
RRVA-Red River Valley	1 *				
Russell	2				
TCT	10				
WEG-Western Edge	3				



*RRV Wait List to put in same session

SATURDAY

MPLS FLOOR		Doors Open 7:30am		ST PAUL FLOOR	
LEVEL 10	21M	8:30	Stretch	8:00	LEVEL 9
AAGA-All American	1	8:50	March In	8:20	AGG American Gold
Air Force	1	9:00	Event Warm Up	8:30	Chow's
Classic - Chan	9				Gleasons
Emerge Academy	4				GTC-Gymnastics Training Ctr
Giant Gymnastics	1				GymSport
GRGA-Grand Rapids	3				IGN
Gymfinity & Beyond	1				Just Jymnstics
IGM	4				KAATS
J.E.T.S.	1				Kidsport
LCT-Lake City	4				Laketown
RGC	5				M&M
Russell	2				MFGF-Mn Flyers
WEG-Western Edge	1				MHG-Mini-Hops
					Midwest
					NBGC-No Boundaries
					NSG-Nebraska School
					RRVA-Red River Valley
					Scamps
					TCT
					TPG-Twin Ports
LEVEL 10	22M	11:30	Stretch		
AGG American Gold	7	11:50	March In		
Chow's	6	12:00	Event Warm Up		
DGA-Dakota Gold	1				
GMGSD-Gold Medal	1				
GTC-Gymnastics Training Ctr	1				
IGN	3		Stretch	11:30	LEVEL 9
Just Jymnstics	1		March In	11:50	AAGA-All American
KAATS	1		Event Warm Up	12:00	Air Force
LGA-Legends Drive	1				BGA Bismark
MSG-Papio Metro Stars	1				Classic - Chan
TCT	12				CTG-Country Twisters
TCT/Elite	7				Emerge Academy
					Flips
					Giant Gymnastics
					GRGA-Grand Rapids
					Gymfinity & Beyond
					IGM
					J.E.T.S.
					LCT-Lake City
					RGC
					Russell
					WEG-Western Edge
LEVEL 7	23M	2:30	Stretch		
BGA Bismark	4	2:50	March In		
DGA-Dakota Gold	4	3:00	Event Warm Up		
Emerge Academy	2				
Giant Gymnastics	4				
GMGSD-Gold Medal	3				
GTC-Gymnastics Training Ctr	3				
J.E.T.S.	4				
Just Jymnstics	2				
MFGF-Mn Flyers	3		Stretch	2:45	PLATINUM
NSG-Nebraska School	3		March In	3:05	Big Lake
RRVA-Red River Valley	3		Event Warm Up	3:15	Gleasons
Scamps	10				IGN
TCT	16				Laketown
TPG-Twin Ports	5				LGA-Legends Drive
Triad	6				RGC
WEG-Western Edge	1				North Crest
					TAGS South
LEVEL 6	24M	6:00	Stretch	5:30	GOLD
BGA Bismark	5	6:20	March In	5:50	Big Lake
DGA-Dakota Gold	4	6:30	Event Warm Up	6:00	Classic - Blaine
Flips	20				Gleasons
Giant Gymnastics	2				Laketown
GMGSD-Gold Medal	4				North Crest
GRGA-Grand Rapids	7				TPG-Twin Ports
GTC-Gymnastics Training Ctr	4				RGC
IGM	1				Giant Gymnastics
KAATS	3				TAGS South
MFGF-Mn Flyers	4				
MSG-Papio Metro Stars	4				
NHGA-Northern Hills	3				
North Crest	4				
NSG-Nebraska School	3				
RRVA-Red River Valley	3				
Triad	6				
WEG-Western Edge	1				

SUNDAY

MPLS FLOOR		Doors Open 8:15am		ST PAUL FLOOR	
LEVEL 3/4/5	31M	8:45	Stretch	9:15	LEVEL 7
Level 3		9:05	March In	9:35	AAGA-All American
Emerge Academy	6	9:15	Event Warm Up	9:45	AGG American Gold
Triad	6				Air Force
MAGS	6				Chow's
Level 4					Gymfinity & Beyond
Emerge Academy	6				GymSport
Gym Academy Rockford	6				IGN
GymSport	4				Laketown
MAGS	4				LCT-Lake City
Triad	6				LGA-Legends Drive
Level 5					M&M
Emerge Academy	3				Russell
Gym Academy Rockford	1				
MAGS	1				
Triad	5				
			Stretch	1:00	LEVEL 6
			March In	1:20	AAGA-All American
			Event Warm Up	1:30	Air Force
					Chow's
					Classic - Chan
					Classic - West
					Gymfinity & Beyond
					GymSport
					IGN
					Laketown
					LCT-Lake City
					M&M
					MAGS
					Midwest

EVENT FINALS! **32M**

L8, L9 & L10

Stretch 11:30
Open Warm Up 12:00
March In 1:00

See our website for more info

Gymnasts wear your favorite leo!



FINAL SCHEDULE
as of February 23, 2023

Note: Items in RED are an update from original version